**Topic 12: Psychopharmacotherapy.**

**The purpose of the lesson:** To master the basic methods of treating personality disorders. Know the methods of biological therapy. To study the classification and features of the use of psychotropic drugs, options and principles of psychopharmacotherapy.

**Questions for discussion:**

1. The main types of biological therapy of mental illnesses.
2. Classification of psychopharmacological drugs, spectrum of therapeutic activity.
   1. Antipsychotic drugs.
   2. Antidepressants.
   3. Mood stabilizers.
   4. Tranquilizers.
   5. Neurometabolics.

**Recommended literature:**

1. Tsygankov, B. D. Psychiatry : textbook / B. D. Tsygankov, S. A. Ovsyannikov. - Moscow : GEOTAR-Media, 2022. - 464 с. - ISBN 978-5-9704-6515-8. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : [https://www.studentlibrary.ru/book/ISBN9785970465158.html](https://www.studentlibrary.ru/book/ISBN9785970465158.html%20)