

Class 6

I. Speaking

Task 1.

- 1) What faculty trains clinical psychologist?
- 2) What faculty trains general practitioners?
- 3) What faculty trains pediatricians?
- 4) What faculty trains dentists?
- 5) What does the course of study finish with?

II. Reading

Task 2. Learn the vocabulary:

- diverse [daɪ'vɜ:s] – разнообразный
- multidisciplinary training [mʌltɪ'dɪsɪplɪnəri] ['treɪnɪŋ] – мультидисциплинарное (многопрофильное) обучение, подготовка
- to deal with [di:l wɪð] – иметь дело
- psychological disorders [saɪkə'lɒdʒɪkəl dɪs'ɔ:dəz] – психологические расстройства
- to promote [prə'məʊt] – способствовать, содействовать
- mental well-being [wel 'bi:ɪŋ] – психическое благополучие
- to seek for [si:k fɔ:] – искать
- to cope with [kəʊp wɪð] – справляться с
- neurotic and psychiatric disorders [njʊ'rɒtɪk] [saɪkɪ'ætrɪk dɪs'ɔ:dəz] – невротические и психические расстройства
- alcohol abuse ['ælkəhɒl ə'bju:s] – алкогольная зависимость
- drug abuse [drʌg ə'bju:s] – наркомания
- mental retardation [ri:tɑ:'deɪʃn] – задержка умственного развития
- health related issues [helθ-rɪ'leɪtɪd] ['ɪʃu:] – вопросы, связанные со здоровьем
- to influence ['ɪnfluəns] – влиять
- quality of life ['kwɒləti] – качество жизни
- to enhance [ɪn'hɑ:ns] – усиливать, повышать
- chronic and acute diseases ['krɒnɪk] [ə'kju:t] [dɪ'zi:z] – хронические и острые заболевания
- have an impact ['ɪmpækt] – иметь влияние
- psychologically distressed [saɪkə'lɒdʒɪklɪ] [dɪs'trest] – психологически подавленный
- in various settings [ɪn 'veəriəs 'setɪŋz] – в различных учреждениях
- private practices ['praɪvɪt 'præktɪs] – частная практика
- academic and research establishments [ækə'demɪk] [rɪ'sɜ:ʃ] [ɪs'tæblɪʃmənts] – академические и исследовательские организации (учреждения)

- correctional facilities [kə'rekʃənl fə'silitiz] – исправительные учреждения
- to provide [prə'vaɪd] – обеспечивать
- a safe and supportive environment [seɪf] [sə'pɔ:tɪv ɪn'vaɪərənmənt] – безопасная и поддерживающая атмосфера
- to explore [ɪks'plɔ:] – изучить, исследовать
- feelings, thoughts and behaviors ['fi:lɪŋz] [θɔ:ts] [bɪ'heɪvjə] – чувства, мысли, поведения (действия)
- to reach the goals [ri:tʃ ði: gəʊl] – чтобы достичь целей
- patient ['peɪʃnt] – терпеливый
- observant [əb'zɜ:vənt] – наблюдательный
- adaptable [ə'dæptəbl] – гибкий, легко приспосабливающийся
- approach [ə'prəʊʃ] – подход, метод
- communication skills [kəmju:nɪ'keɪʃn skɪlz] – коммуникативные навыки
- listening and interviewing ['lɪsnɪŋ] ['ɪntəvju:ɪŋ] – слушание и интервьюирование
- to empathize with the clients ['empəθaɪz] [wɪð ðə 'klaɪənts] – сопереживать клиентам
- to gain confidence [geɪn 'kɒnfɪdəns] – завоевать доверие.

Task 3. Read and translate the text

My future profession

The profession of clinical psychologist is very diverse. These specialists have multidisciplinary training in medicine, psychology and social studies. They deal with psychological disorders and promote mental well-being of clients.

A great number of people nowadays seek for psychological help to cope with neurotic and psychiatric disorders, alcohol and drug abuse, mental retardation and other health related issues. Psychological health greatly influences the overall quality of life. It also can enhance the treatment of chronic and acute diseases or have a negative impact if the patient is psychologically distressed.

Clinical psychologists work in various settings, including hospitals, private practices, academic and research establishments, correctional facilities and others. They provide a supportive environment for the clients to explore their feelings, thoughts and behaviors. To reach the goals, psychologists should be patient, observant and adaptable in their approaches. They should develop communication skills of listening and interviewing, empathize with the clients and be able to gain their confidence.

Task 4. Translate into Russian

Завоевать доверие; способствовать психическому благополучию; искать психологическую помощь; справляться психическими нарушениями; психолог должен быть терпелив и наблюдателен; вопросы, связанные со здоровьем; чтобы достичь целей; острые и хронические заболевания; иметь

дело с психическими заболеваниями; влиять на качество жизни в целом; психологически подавлен; сопереживать клиентам.

Task 5. Translate into English

Seek for psychological help; negative impact; provide a supportive environment; correctional facilities; mental well-being; mental retardation; quality of life; various settings; feelings, thoughts and behaviors; patient, observant and adaptable; neurotic and psychiatric disorders; enhance the treatment; to reach the goals; health related issues; private practices, treatment of diseases.

Task 6. Retell the text “My future profession” using the table. Complete the sentences with appropriate word combinations from the right column.

1	The profession of clinical psychologist	a	the treatment of chronic and acute diseases
2	Clinical psychologist	b	in various settings, including hospitals, private practices, academic and research establishments, correctional facilities and others
3	People nowadays seek for psychological help to	c	is very diverse
4	Psychological health influences	d	patient, observant and adaptable in their approaches
5	Psychological health can enhance	e	have multidisciplinary training in medicine, psychology and social studies
6	Psychological health have a negative impact if	f	a safe and supportive environment for the clients
7	Clinical psychologists work	g	communication skills of listening and interviewing
8	Clinical psychologists provide	h	cope with neurotic and psychiatric disorders, alcohol and drug abuse and other health related issues
9	Clinical psychologists explore	i	the patient is psychologically distressed
10	Psychologists should be	j	feelings, thoughts and behaviors of clients
11	Psychologists should develop	k	with the clients and be able to gain their confidence.
12	Psychologists should empathize	l	the overall quality of life

Task 7. Fill in the gaps with the most appropriate phrases

deal with, quality of life, communication skills, clinical psychologist, enhance, should be, work, have a negative impact, provide, promote

- 1) Clinical psychologists ____ in various settings, including hospitals, private practices, academic and research establishments, correctional facilities and others.
- 2) The profession of ____ is very diverse.
- 3) Clinical psychologists ____ psychological disorders.
- 4) Clinical psychologists ____ a c supportive environment for the clients to explore their feelings, thoughts and behaviors
- 5) Psychological health greatly influences the overall ____.
- 6) Psychologists ____ patient, observant and adaptable in their approaches
- 7) Psychological health can ____ the treatment of chronic and acute diseases.
- 8) Psychological health have ____ if the patient is psychologically distressed.
- 9) Clinical psychologists ____ mental well-being of clients.
- 10) Psychologists should develop ____ of listening and interviewing, empathize with the clients

Task 8. Discuss the following questions

- 1) What subjects does the clinical psychology curriculum include in the first year?
- 2) How will it help you in your future profession?
- 3) What do you mean by mental well-being of clients?
- 4) Have you ever suffer from neurotic and psychiatric disorders, alcohol and drug abuse or other health related issues?
- 5) Have you ever admitted to psychologists?
- 6) Why should psychologists be patient, observant and adaptable in their approaches?
- 7) Why is it necessary to develop communication skills?
- 8) Why is it obligatory for clinical psychologists to empathize with the clients?