

**Thematic plan of seminar-type classes
in discipline «Fundamentals of phytotherapy»
for students of 2022 year of admission
under the educational programme
33.05.01. Pharmacy,
specialisation (profile) Specialist's degree,
form of study full-time
for the 2025-2026**

№	Thematic blocks	Hours (academic)
7 semester		
1.	Introduction to phytotherapy.	4
2.	Medicinal tea collections as a medicinal form. Analysis of medicinal tea collections.	4
3.	Extraction dosage forms based on medicinal plant raw materials.	4
4.	Control of knowledge, skills, abilities according to unit 1.	4
5.	Medicinal plant raw materials and phytopreparations that improve the secretion of digestive glands.	4
6.	Choleretic and hepatoprotective medicinal plant raw materials and phytopreparations.	4
7.	Medicinal plant raw materials and phytopreparations with laxative and astringent effects.	4
8.	Control of knowledge, skills, abilities according to unit 2	4
9.	Medicinal plant raw materials and phytopreparations with cardiotonic and antiarrhythmic action.	4
10.	Medicinal plant raw materials and phytopreparations with hypotensive and anticholesterolemic action.	4
11.	Medicinal plant raw materials and phytopreparations with hemostatic, anticoagulant, and angioprotective effects.	4
12.	Control of knowledge, skills, abilities according to unit 3	4
13.	Medicinal plant raw materials and herbal preparations with anti-cold and diaphoretic action.	4
14.	Medicinal plant raw materials and phytopreparations with expectorant and antitussive action.	4
15.	Medicinal plant materials and phytopreparations with antimicrobial and anti-inflammatory action.	4
16.	Control of knowledge, skills, abilities according to unit 4	4
17.	Final lesson.	4
	Total	68

Considered at the department meeting of the Department of Pharmaceutical, Toxicological Chemistry, Pharmacognosy and Botany, protocol «30» May 2025 № 10.

Head of the department



A.A. Ozerov