

Test 15

The extent of strain and intensity of the working process. Their effect on the physical functions of the workers

1. What physiologic indicators are used for evaluating the changes which occur in the human body in hard physical load
2. Which criteria are used for evaluating the extent of strain of production process
3. Which criteria are used for evaluating the extent of intensity of labour
4. Which of the following characteristics are associated with changes of hemodynamic indicators in moderate physical load
5. Which characteristics are associated with changes of hemodynamic indicators in hard work
6. What does the notion "the extent of strain of labour" imply
7. Which methods is used for determining pulse pressure
8. Give the notion «Fatigue»
9. Give the notion «Overfatigue»
10. What health-improving measures may be taken to prevent overfatigue?